**MEDICATIONS TO STOP PRIOR TO SURGERY**

**IF YOU ARE ON A BLOOD THINNER, YOU WILL NEED TO FIND OUT FROM YOUR PERSCRIBING PYSICIAN HOW LONG YOU WILL BE OFF OF IT**

The following medications should be stopped **TWO WEEKS** prior to your surgery.

|  |  |  |
| --- | --- | --- |
| Advil/ Aleve | Ticlid | Orudis KT |
| Ibuprofen/ Motrin | Daypro | Vitamin E. oil/ Fish oil |
| Pletal | Naproxen | Mobic/Meloxicam |
| Asprin | Toradol | Persantine |
| Indocin | Diclofenac | Voltaren ( Oral) |
| Relafen | Nuprin | Flaxseed oil |
| Celebrex | Trental | Multivitamins |
| Belviq | Feldene | Phentermene |

* Any *Pre-Workout* substances need to be stopped **ONE WEEK** prior to surgery.

**\*\*Please note that failure to stop any of these medications before surgery could result in your surgery being rescheduled. \*\***

**Day of Surgery:**

* + Wear comfortable clothing
  + Bring a copy of insurance cards, ID and copy of Med List
  + **Adults Patients**:
    - All Solid foods and liquids must be stopped MIDNIGHT prior to surgery
  + **Pediatric Patients**:
    - ALL SOLID FOODS MUST BE STOPPED THE MIDNIGHT PRIOR to surgery
    - **Clear liquids** (water, clear juice, clear popsicles, etc.) has to be stopped

2 hours prior to surgery

* + - **Breast Milk** has to be stopped 4 hours prior to surgery
    - **Formula** has to be stopped 6 hours prior to surgery